

**LIVE ON ZOOM!**



# KIDS SPORTS SUMMIT

29,30 & 31 January

<https://goalphakids.com/summit/>



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## DAY 1

- Speaker session -How to manage kid with career.
- Multisports: A holistic development of child.
- Fun yoga session involving kids and parents.
- Kids Nutrition V/s Processed Foods.

## DAY 2

- Identifying and encouraging your kid's Interest.
- Workout session for parents and kids.
- Puppet Show.
- Panel - How to engage the child in the new normal

## DAY 3

- World Championship: A story of a Teenager.
- Mental health - How to motivate and improve a child's performance.
- Moving to the beats!
- School reopening Dilemma - Panel discussion.

5pm-7pm

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